HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

http://www.sacda.org/divisions/vw/vw.php

Issue 7

GROUP PURPOSE

September 2014

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

UPCOMING MEETINGS

October 1st, 2014 @ 6:30 pm

Sacramento District Attorney's Office 901 G Street, Sacramento CA

Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

In Loving Memory

September Dates of Birth

09/17/1978

09/01/1961

09/29/1971

09/22/1978

09/08/1979

09/07/1981

09/16/1988

09/14/1981

09/02/1974

09/09/1976

09/22/1972

09/01/1981

09/01/1953

09/03/1986

09/06/2003

09/03/1981

09/22/1987

09/02/1972

09/28/1975

09/13/1989

09/25/1972

09/26/1988

09/08/1990

09/17/1983

09-16-1978

09/01/1983

09/05/1990

09//01/1991

Vincent Estrada Stephane Murphy Christopher A. Navarro James Eugene McMillen Hector Rosales, Jr. Howard Curtis Morris, Jr. Mario Vidal Cheryl Brinkley Timothy Tallman Devin McWilliams Jerry Sarnowski Brandon Loomer Ng Heim Thai Tyesha Gallien Kaysha Janae Shafer Lee Michael Candelaria Kelly Ann Johnson Gregory Cabrera Devin Marsean Crowder Dominique Dupree Hickman Carlos Hermaine Bryant Noah Seamster Gustavo Lopez Katricia Banks Michael Branner Jr. Salvador Heredia-Arriago Robert Corpos Francisco "Frankie" Flores

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Denise Hooper	09/15/1989
Alvin Stone	09/13/2002
Ian Duarte	09/18/2002
Andrey Tsurkanu	09/02/2003
Pavel Voskoboinik	09/27/2003
Harnes	09/03/2003
Jeff Holly	09/02/1995
Tomek Ordon	09/16/1994
Lindsay Sullivan	09/25/1995
Howard Curtis Morris, Jr.	09/22/1999
Tonya Belton	09/26/1993
Ruben Esquivel	09/21/1995
Antonio Indio Del Sol Garcia	09/17/1994
Yvonne Bean-Tate	09/27/1993
Thaddeus Czuprynski	09/23/1999
Marsha Runyon	09/23/1999
Mathew Erwin	09/12/1997
Keyonta Deon Thornton	09/07/2000
Tommy Xiong	09/11/2002
Howard Turley	09/16/2005
Princella Walker	09/24/2005
Homero Estrada Perez	09/17/2005
Margarita Cortez	09/17/2004
Donte L. Walton	09/23/2006
John Paul Martin	09/21/2006
Antonio Garnica	09/28/2001
Jose Segura	09/08/2007
Noah Seamster	09/03/2007
Sean Aquitania, Jr.	09/14/2007
Sean Aquitania, Sr.	09/14/2007
Enrique Perez	09/13/2007
David Butler	09/26/2008
Vincente Segura Hernandez	09/24/2008
Alfredo "Chino" Perez	09-13-2007
Dominic D. Campos	09/30/2009
Lee Edward Johnson	09/19/2009
Jesus Garcia	09/04/2011
Audie Hogue	09/14/2011

September Dates of Loss

DAY OF REMEMBRANCE

The Sacramento Chapter of POMC

Will hold a special ceremony on:

Thursday September 25, 2014

From 6:00 to 8:00 pm

On the north steps of the State Capitol

This observance pays tribute to murder victims everywhere.

Please join the Sacramento Area Chapter of Parents Of Murdered Children (POMC) for a ceremony honoring the memory of our loved ones who have died by violence.

When we speak of our loved ones, please listen. We want to make sure they are never forgotten. And for many of us, talking about them is a part of the healing process.

For more information about the Sacramento Area Chapter of POMC, please call 916-879-4541, or visit our website at <u>www.pomc.org/sacramento</u>.

Young Adult Bereavement Art Group

Eight Sessions

Beginning – Monday, September 29, 2014

Ending – Monday, November 17, 2014

This group is appropriate for any young adult, age 17 to 24, who is coping with a death of someone close.

Topics to be covered during the eight sessions include:

Acknowledging and Understanding Grief

Expressing and Accepting Feelings

Changing of Roles

Coping and Stress

Developing Supportive Relationships

Session Times: 6:00pm to 7:30pm

Session Location: UC Davis Home Care Services Building

3630 Business Drive, Ste "F"

Sacramento, CA 95820

(Business Drive is located off 14th Avenue, between 65th Street and Power Inn Road, South of Hwy 50 and Folsom Blvd.)

Group size is limited.

Please register before September 26, 2014 by calling

Don Lewis at 916-734-1139, or emailing at donald.lewis@ucdmc.ucdavis.edu

ANNOUNCEMENTS

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Time : Summer break July & August (possible informal meeting in local park) please contact Buff @ 916-534-3322 for more information.

Next meeting September 3rd 2014 @6:30 pm @ Sacramento District Attorney's Office

Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/ childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.



Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm** at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief. Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640 Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.groww.com --- Online grief support group

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento